

MANAGEMENT REPORT APPENDIX II

Performance Management Report 1st July to 30th September 2019 Sports Development update

The Sports Development team has recently appointed to two vacant posts, with both post holders commencing employment with A4T during September 2019. Ellie Drewett has been appointed to the position of Active Lifestyles Officer and will be re-establishing the links with a range of health professionals and partners. Kelly Evans has taken on the role of Inclusion and Engagement Officer (Place) and will be a pivotal role in developing the partnerships with local sports clubs and partner facilities.

They have both spent their first few weeks in post at networking events and meeting many of the partners, clubs and volunteers working in the district.

One particular contact made was with the Greater Nottingham Badminton Network and Badminton England. This will develop the opportunities available for A4T at the Barnby Road School, to further develop badminton, particularly in the Newark area. This will include some funded coached delivery for juniors, which will directly link to the development of a new junior badminton club, whilst helping to drive forward community based social badminton, within the area.

Club and Coach Development

The sports development team supported the development of a series marketing and promotional materials, supporting clubs within the Newark and Sherwood Sports Council. This has been extremely well received by local community organisations and clubs, in the promotion of their summer recruitment events and weekly training sessions. An autumn/winter edition is in draft format, ready for circulation for the forthcoming season.

The grants awarded at the June 2019 panel were 3 talented individuals, a swimmer, a dressage competitor, and a cyclist. There was one special events/project awarded to Warriors FC, for funds towards their pavilion development; which helped the facility become accessible to all users, by providing ramps and a platform veranda.

Preparations are building for the annual Sports Awards nominations, which will again be delivered in partnership with Radio Newark. The nomination period is from 1st to 31st October 2019 and covers a wide range of categories, which will raise the profile of local talented sports people, volunteers and clubs.

VISPA recruitment during the period had 8 new volunteers. Volunteers were placed across all four leisure centres, undertaking roles to support the current activities. Work experience placements were also facilitated for 6 pupils from local schools; these were located within the leisure centres.

Officers have developed a 'VISPA Academy', which is a progression from the long established volunteering scheme. This is a slightly increased commitment on the volunteers' part, however in return, A4T will be offering the opportunity to complete recognised qualifications in sports coaching and leadership. This, in turn, will aid the workforce development pathway for the Company and Southwell Leisure Centre Trust and also enable the volunteers to gain paid work within the centres, alongside expanding their experience of the leisure industry.

Ollerton Rugby Club were recently supported by the sports development team, in their development of a junior section. Help to re-establish a relationship with Dukeries Academy has been provided, re-introducing the volunteers to the RFU's Development Officer, to formulate a plan of how to develop a junior section. This culminated in two well attended open sessions over the summer holidays, which will help to form the start of their development plan.

The sports development team have engaged with the Bowls Development Alliance as participation in bowls is declining in some areas of the district; with a number of clubs struggling to attract and retain players and volunteers. This item will be discussed further during the next district wide meeting of club representatives, which A4T attend, along with the Bowls Development Alliance organisation, to offer support to clubs.

<u>Inclusion</u>

Specialist coaching sessions have been delivered in schools in the Ollerton area, bringing in pupils to the leisure centre to enjoy gymnastics and trampolining activities. This proved very popular and provided children with the opportunity to try sports that they might not traditionally be able to access, in a school setting. This initiative will be offered again to schools in the new year, in a bid to build better links between the schools and the centre and improve the health of the young people.

Parkgate, St Josephs and Forest View Primary Schools, all took part in six weeks of sports based 'team building' sessions. These were run in collaboration with the schools, Dukeries Academy and the Young Peoples Centre aimed at integrating the Year 6 pupils, as they transition into Year 7.

In Newark a similar programme was delivered to a selected group of girls at William Gladstone; once more, this looked to support the young people through the transition from Year 6, into Year 7 at Magnus Academy.

An 'Induction Day' was facilitated for the new students to Dukeries College. Around 90 students took part and were treated to, participation into several sports activities and a talk by Nottinghamshire Fire and Rescue; in addition, all students received a tour of Dukeries Leisure Centre and were offered a promotional 'free' induction into the fitness suite, for themselves and their siblings.

Over the summer holidays A4T organised a series of diversionary activities in an attempt to curb anti-social behaviour at Balderton Playing Fields, Coronation Street. Sports based sessions were delivered alongside healthy eating classes by Everyone Health. Balderton Parish Council funded several of the activities and were supported by Terry Bailey, ASB Officer from NSDC, the local PCSO and Community Protection Officers. The sessions were well received, with numbers in excess of 15 per session. Feedback has been positive, with a definite drop in anti-social behaviour being recorded, over the period that the diversionary activities were held.

There were 12 ladies from the Ollerton WI that took part in a Walking Netball taster session in September. A coach from England Netball coached the session, which was enjoyed by everyone that took part. The aim is now to work with the WI to create a regular Walking Netball session in Ollerton, which would be open to anyone who wished to attend.

In partnership with Nottinghamshire County Cricket Club a weekly 'Super 1's' disability session has been developed at Newark Academy. Funded by the Lords Taverners, the sessions are aimed at young people aged between 12-24 years old and are delivered by professional coaches from Trent Bridge.

The female disability football sessions have continued to run on a monthly basis at NSFC, however, these are now delivered by A4T, after Nottingham Forest Community Trust withdrew their support, due to a lack of funding. Participation numbers have still been good, with 8-10 players regularly attending the Friday morning session.

Active Lifestyles

Through partnership working with local agencies and volunteers, the sports development team has led the creation of a Junior Parkrun, in the area of Ollerton. This is an international initiative, providing a free opportunity for children aged 4-14 years, to take part in the weekly 2km run (walk or jog!), every Sunday morning at 9am, encouraging a more active lifestyle. The first event took place on 29th September and with very little promotion (as advised by parkrun), it was a great success and attracted 30 children to take part. This is now set to increase alongside the number of volunteers involved, to enable the event to continue indefinitely in the future.

The team are developing the awareness and promotion for 'Red January'. This is a national initiative which is in partnership with MIND, which hopes to encourage people to take part and highlight their exercise journeys, during the month of January. The initiative will firstly target A4T staff to be active every day, at the same time as promoting local clubs and community sessions, promoting the link between keeping active and good mental health.